

TREATMENT OF A BLOOD HEMORRHAGE IN THE EYE

May 3, 2026

Introduction.

Although the most serious cause of a symptom like this is a possible rise in blood pressure—which must be checked immediately and, if confirmed, requires taking the person to a doctor or medical center for treatment—in this case, it is the cause itself that must be treated immediately. The following treatment focuses on healing the hemorrhage, which could last for weeks even after the underlying cause has been treated and eliminated. In this case, given the delicate nature of the eyeball, treatment is performed using only the peripheral lines generated by placing a pair of pads around the eye, without crossing them with the direct current lines traveling from one pad to the other; that is, ***you must never place one pad on one side and the other on the opposite side of the eye, so that the majority of the current lines traveling from one pad to the other pass directly through the eyeball, damaging it!***

TREATMENT:

Pad placement. Place a pair of pads in position 1 (Figure 1), taking care not to place them too close to the eye, and stimulate that area for 5 minutes. Now place the pads in position 2 and stimulate for another 5 minutes. Do the same with positions 3 and 4. If the bleeding is on only one side, it is sufficient to treat only that side. ***Just one treatment is necessary for the hemorrhage to disappear the next day.***

Current Intensity.

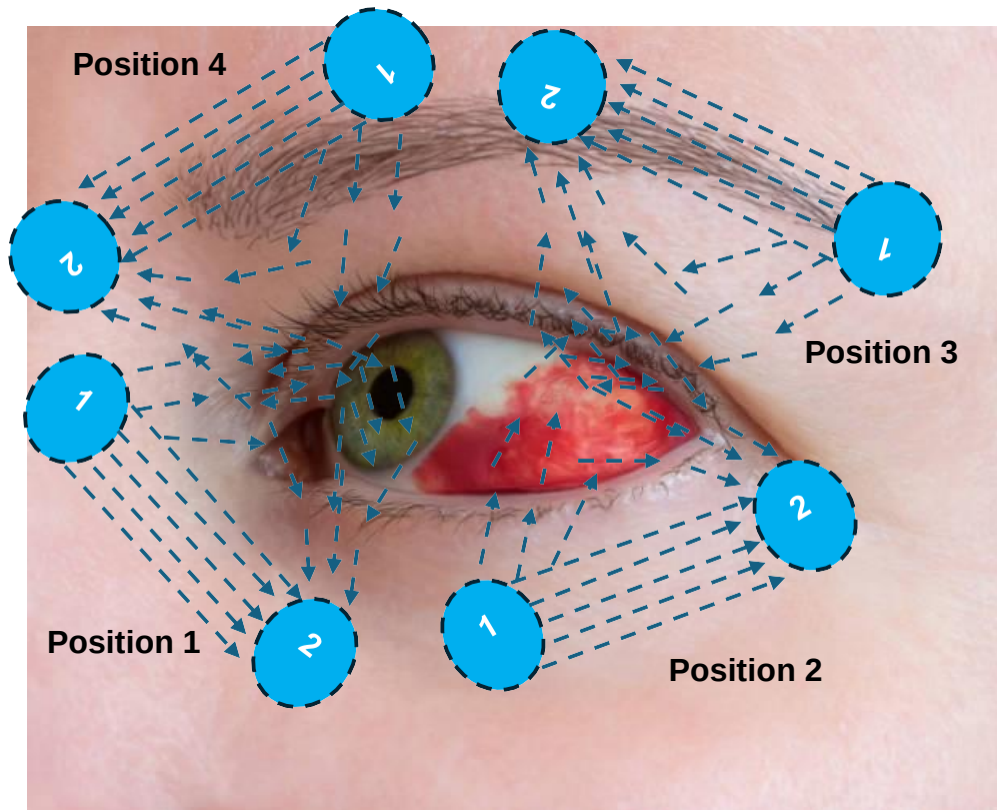
As with almost all electrical treatments, and to avoid using a multimeter to measure the current, adjust the intensity by slightly increasing the current until you feel it; once you reach that point, gently reduce it until you no longer feel it—that is the correct intensity that will relieve the hemorrhage without damaging the eye. I should note that when placing a pair of pads on the skin and turning on the TENS unit, you should not feel anything, even though current is already flowing between the two pads; similarly, by slightly reducing the intensity after you first feel it until you no longer feel it, you will be applying the appropriate current intensity to treat the condition.

Duration.

Use for 5 minutes in each of the four positions.

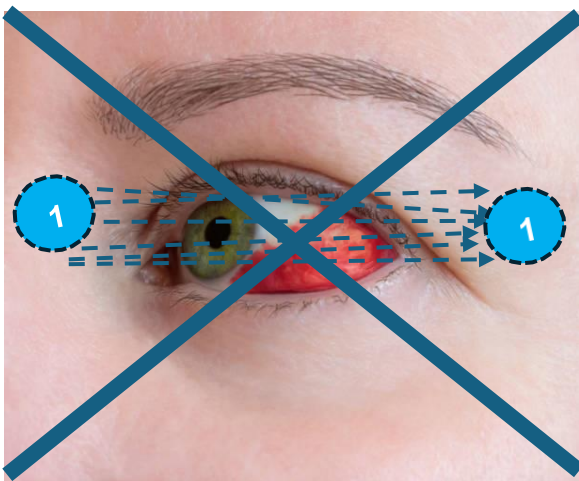
TREATMENT AROUND THE EYE

(CORRECT POSITIONS OF THE PADS AROUND THE EYES)



(a)

PROHIBITED PAD POSITIONS



(b)

Figure. Electrical treatment of a hemorrhage in the eye.